

Covid-19

St Osyth Parish Council
and
St Osyth Church

If you are on your own, isolated or in the group required to take *'particular care to minimise their social contact'* there is support and help available for the delivery of groceries and prescriptions with immediate effect.

Please do read the following information for Grocery Deliveries:

- Please ring either the NISA Store in Clacton Road or Point Clear Road on 01255 820283 OR the Premier Store (formerly the SPAR) in Spring Road on 01255 823256, **between 12 noon and 2pm** (Monday to Friday).
- They will take your order, your name, address and your telephone number so they can ring you back, giving you the cost of your items. All payments will be made by card over the phone to the retailer directly. There will be no cash exchanged.
- Please be aware that some items may not be available, and you will be advised of an alternative.
- Deliveries will be made on the same day, by a member of the team of trusted volunteer drivers. They will all be wearing a photographic identity badge.
- The driver will not enter your home. They will ring/ knock and put the bag on your doorstep, stand 3 metres away from the door and ensure that the delivery is taken in.
- Do take a moment to talk to the driver, hear a friendly voice and be reassured that they are there to help you to get much needed supplies.

They are happy and willing to help. You might be isolated, but you are not alone.

Please read the following information for the collection of Prescriptions from Boots Chemist, Clacton Road, St Osyth.

If you are in need of a prescription collecting, please ring the Parish Office on 01255 821447 **between 9am and 10am** (Monday to Friday).

The Vice-Chairman of the Parish Council, Mrs Alma Blockley will take your call. She will require your

- Name
- Address
- Date of Birth
- Phone number
(in case there is any issue, or the driver can't find your home)

This information will be passed to the driver for the day, who will within 48 hours collect your prescription and deliver it to you.

When it is delivered the driver, who will be wearing a photographic identity badge will:

- Ring bell/ knock
- Step back to a distance of 3 metres
- Ask resident for name, date of birth and confirm address
- Ask resident to step back
- Place prescription on doorstep
- Step back to a distance of 3 metres, ensure that prescription is picked up and the door closed

And it will all be done with a smile!

N.B. Prescriptions can only be collected from Boots, St Osyth.

We do hope that what is being put in place by the Church, the Parish Council and the team of volunteers, will support all of those who are self-isolating or who are trying to minimise their social contact.

Everything that is being planned now to support the vulnerable in our community is new to us all.

We are at the current time living in uncharted waters, but it is worth remembering that

“Alone, we can do so little; together, we can do so much”

Helen Keller